

## Submissions Process

### Submission and Editorial Evaluation Pathway

The Axis Journal of Health and Rehabilitation Sciences (AJHRS) is dedicated to a rigorous, fair, and transparent editorial process. All manuscripts undergo a multi-stage evaluation to ensure they meet our high standards of scholarly excellence, originality, and relevance to the field. The following outlines the journey your submission will take from initial receipt to final decision.

### Stages of the Submission Process

- **Initial Editorial Assessment:** Upon receipt, every submission undergoes a preliminary review by the Editor-in-Chief or a designated Section Editor. This assessment checks for the manuscript's overall fit with the journal's aims and scope, adherence to basic submission guidelines, and an initial judgment of methodological soundness and novelty.
- **Peer Review:** Manuscripts that successfully pass the initial assessment are assigned to at least two independent, expert peer reviewers. AJHRS employs a double-blind peer-review system, where the identities of both the authors and the reviewers are concealed to promote objectivity and impartiality. Reviewers are asked to evaluate the work's validity, significance, originality, and clarity.
- **Editorial Decision:** The handling editor consolidates the reviewers' comments and recommendations to arrive at a final decision. Possible outcomes include:
  - Acceptance (with or without minor revisions)
  - Minor Revisions Required
  - Major Revisions Required (subject to re-review)
  - Rejection
- **Desk Rejection:** Submissions may be declined without external peer review if they are deemed outside the journal's scope, lack sufficient originality or scientific rigor, have serious methodological flaws, or do not comply with the journal's ethical or formatting guidelines. This process ensures that authors receive a swift decision and allows our reviewers to focus on manuscripts with the highest potential.
- **APC & Other Details:** Visit our detailed page, [AuthorInstructions](#)

### Author Responsibilities: Pre-Submission Requirements

Prior to submitting a manuscript, the corresponding author is responsible for ensuring that all of the following conditions have been met. Failure to do so may result in delays or rejection.

- **Permissions for Published Material:** Authors must secure and provide evidence of written permission to reproduce any copyrighted material included in the manuscript. This encompasses photographs, figures, tables, extensive text excerpts, datasets, and any other ancillary materials that are not the original creation of the authors.
- **Consent of All Authors:** Every individual listed as an author must have made a significant intellectual contribution to the work, approved the final version of the manuscript, and consented to its submission to AJHRS. The journal requires confirmation that all co-authors agree to be identified as such.
- **Ethics Committee Approval:** For any research involving human participants, human tissue, or animal subjects, authors must provide a statement confirming that the study was conducted in accordance with the relevant ethical standards and legal requirements of their country. Documentation of formal approval from an institutional or national ethics review committee must be available upon request.

### Submission Preparation Checklist: A Mandatory Guide

To facilitate a smooth submission process, please use the following checklist to confirm your manuscript is ready for consideration.

- **Guideline Adherence:** The submission fully complies with all stylistic and bibliographic requirements detailed in the AJHRS Author Instructions.
- **Statement of Originality:** The work is confirmed to be original, has not been published previously in any form (in whole or in part), and is not currently under consideration for publication by any other journal.
- **Reference Verification:** All references and citations have been meticulously checked for accuracy, completeness, and correct formatting as per the Vancouver style. Each in-text citation corresponds to an entry in the reference list and vice versa.
- **Figure and Table Presentation:** All figures (graphs, charts, photographs) and tables are embedded in the text at the appropriate points, are of high resolution and clarity, and are numbered sequentially with descriptive captions and legends.
- **Permissions on File:** Written permissions for all reproduced material have been obtained from the copyright holders and are ready for submission to the editorial office if required.

## Structuring Your Manuscript for Success

A well-prepared manuscript facilitates a more efficient review process. Please pay particular attention to the following elements:

- **Title and Abstract:** Craft a concise, informative, and specific title that accurately reflects the content of your paper. The abstract must be a self-contained summary of your entire study, outlining the background, objectives, methods, key results, and conclusion without the need to reference the main text.
- **Research Narrative and Methodology:** Ensure your research argument is logical, coherent, and clearly articulated from the introduction through to the discussion. The study design, materials, and methods must be described with sufficient detail to allow for the replication of your work by other researchers. A clear and robust methodology is fundamental to a positive peer review.