

Access, Licensing, and Preservation Policies

This section outlines the policies governing how the journal's content is accessed, shared, archived, and maintained, ensuring its long-term availability and integrity.

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Publication Frequency

The *Axis Journal of Health and Rehabilitation Sciences (AJHRS)* is committed to the regular and timely dissemination of high-quality research. To ensure a rigorous peer-review process and maintain the highest standards of academic publication, AJHRS operates on a **biannual** publication schedule.

- **Release Schedule:** The journal will publish two issues per calendar year. The first issue is scheduled for release in the first half of the year (H1), and the second issue will be published in the second half of the year (H2).
- **Continuous Online Publication:** While issues are compiled biannually, the journal leverages a **continuous publication model**. This means that all accepted articles are published online in their final, citeable form on the journal's website as soon as the production process is complete, without waiting for the entire issue to be finalized. This significantly reduces the delay between acceptance and public availability.
- **Benefits of a Biannual Schedule:** This publication frequency allows for a thorough and unhurried editorial and peer-review process, ensuring each published manuscript meets our stringent criteria for scientific validity, originality, and relevance. It also provides authors with a clear and predictable timeline for the appearance of their work.
- **Scope of Content:** Each biannual issue will feature a curated collection of original research articles, comprehensive reviews, insightful case reports, and brief communications that collectively advance knowledge within the broad and interdisciplinary fields of health, medical science, and rehabilitation.

This structured approach facilitates the organized sharing of pioneering research, offering a valuable and reliable resource for the global academic and professional community.

Open Access and Copyright Policy

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Commitment to Open Access

The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** is a fervent advocate for the global and barrier-free dissemination of scientific knowledge. We are committed to the principles of open science, believing that immediate, unrestricted access to research findings fosters greater collaboration, innovation, and impact within the health and rehabilitation sciences community and for the public good. As a true open-access journal, all content published by AJHRS is made freely available to read, download, copy, and distribute without subscription fees or other access barriers.

2.0 Licensing Terms: Creative Commons Attribution (CC BY) 4.0

To facilitate this open exchange of knowledge, all articles published in AJHRS are licensed under a **Creative Commons Attribution (CC BY) 4.0 International License**.

This license allows others to:

- **Share**—copy and redistribute the material in any medium or format.
- **Adapt**—remix, transform, and build upon the material for any purpose, even commercially.

Under the following condition:

- **Attribution**—Users must give appropriate credit to the original author(s), provide a link to the Creative Commons license, and indicate if any changes were made. This must be done in a reasonable manner but does not suggest the licensor endorses the user or their use.

3.0 Author Rights and Copyright

- **Author Retains Copyright:** Upon acceptance for publication, authors retain the copyright of their article. Instead of transferring copyright, authors grant AJHRS an exclusive license to publish the article and identify itself as the original publisher.
- **Author Posting Rights:** Authors are permitted and encouraged to deposit the final published PDF version of their article (the "Version of Record") in their institutional repository, on their personal website, or other relevant platforms immediately upon publication, with proper citation and a link to the article on the AJHRS website.

4.0 Benefits of Open Access

This open-access model ensures that research published in AJHRS achieves:

- **Maximum Visibility and Readership:** Freely available content is downloaded, read, and cited more frequently.
- **Public Accessibility:** Practitioners, policymakers, patients, and the general public can immediately access and benefit from the latest research without restriction.
- **Compliance with Mandates:** Meets the requirements of most major institutional and funder open-access mandates worldwide (e.g., NIH, Wellcome Trust, Horizon Europe).

5.0 Article Publishing Charges (APCs)

To cover the costs associated with the rigorous peer-review process, professional copyediting, typesetting, hosting, and long-term digital preservation, AJHRS levies an Article Processing Charge (APC) on accepted manuscripts. Waivers or discounts may be available for authors from low-income economies or who demonstrate financial hardship, ensuring that the ability to pay does not become a barrier to publication.

This policy ensures that AJHRS operates sustainably while upholding its core mission of making high-quality research in health and rehabilitation sciences a freely accessible public resource.

Digital Archiving and Preservation Policy

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Commitment to Perpetual Access

The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** is dedicated to ensuring the long-term survival, authenticity, and accessibility

of all scholarly content it publishes. We recognize our responsibility to preserve the scientific record for future generations of researchers, practitioners, and students. This policy outlines our robust, multi-faceted strategy to safeguard the digital integrity of our publications.

2.0 Primary Archiving Method: LOCKSS Network
AJHRS ensures permanent digital preservation by participating in the **PKP Private LOCKSS (Lots of Copies Keep Stuff Safe) Network**.

- **Distributed Archiving:** The LOCKSS system creates a secure, decentralized archive of our content through a global network of peer-preservation caches maintained by participating libraries. This distributed model guarantees that even in the event of a localized technical failure or catastrophic event, the journal's content remains protected and available from multiple independent sources.
- **Continuous Preservation:** The LOCKSS daemon running at each library constantly checks the content it has preserved against the same content in other caches, ensuring that any corruption or loss is automatically detected and repaired, thus maintaining the integrity of the archived files over time.

3.0 Secondary Preservation: The CLOCKSS Archive
To further fortify our preservation strategy, AJHRS also deposits all published content with the **CLOCKSS (Controlled LOCKSS) Archive**. CLOCKSS is a trusted, community-governed, dark archive that provides an additional layer of security. In the highly unlikely event that AJHRS ceases operation, content archived in CLOCKSS becomes openly available to the public, ensuring no research is ever lost.

4.0 Persistent Identifiers: Digital Object Identifiers (DOIs)

- **Unique Article Identification:** Every article published in AJHRS is assigned a unique **Digital Object Identifier (DOI)** upon acceptance. This DOI provides a permanent, resolvable link to the article's location on the internet.
- **Enhanced Citability and Traceability:** DOIs ensure that articles can be reliably and permanently cited, tracked, and linked, which is essential for the integrity of the scholarly record and for accurate attribution of an author's work. The DOI system manages any future changes to the article's URL seamlessly, preventing link rot.

5.0 Author and Institutional Archiving (Self-Archiving Policy)
In line with our open-access principles, authors are strongly encouraged to archive the published Version of Record (VoR) of their articles in their:

- Institutional repositories
- Discipline-specific repositories (e.g., PubMed Central)
- Personal websites

This practice creates additional, redundant copies of the work, further strengthening the long-term preservation ecosystem and maximizing the article's reach and impact.

By implementing this multi-layered archiving strategy, AJHRS guarantees that the valuable research we publish will remain a discoverable, accessible, and authentic part of the scientific commons in perpetuity.

CrossMark Policy for Content Integrity and Updates

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Preamble: Commitment to Scholarly Record Integrity
The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** is dedicated to maintaining the accuracy, completeness, and reliability of its published scholarly record. We recognize that the scientific process is iterative and that published content may occasionally require correction, clarification, or updating. This policy outlines our formal framework for managing post-publication changes to articles, ensuring transparency and providing readers with clear information about the current status of any publication.

2.0 Permanent Identifiers and Content Permanence

- **Digital Object Identifiers (DOIs):** Every article published in AJHRS is assigned a unique and persistent Digital Object Identifier (DOI). This DOI provides a permanent link to the definitive version of the record on our website.

- **Version of Record:** The final published version of an article is designated as the "Version of Record" (VoR). This version is permanently archived and citable.

3.0 Participation in the CrossMark Service
AJHRS participates in the **CrossMark** service, a multi-publisher initiative from Crossref designed to standardize the communication of updates to scholarly content.

- **The CrossMark Logo:** The CrossMark logo is displayed on the HTML and PDF versions of all AJHRS articles. Clicking on the CrossMark logo will provide readers with the current status of the document (e.g., "up-to-date," "corrected," "retracted") and direct them to any applicable update information.

4.0 Policy on Updates and Corrections
This policy categorizes the types of post-publication changes and the corresponding actions AJHRS will take:

- **Corrigendum (Erratum):** Issued to correct significant, unintentional errors in the Version of Record that affect the scientific interpretation, the metadata (e.g., author list), or the reproducibility of the work. A formal notice of correction is published and bi-directionally linked to the original article.
- **Addendum:** Published to add information to the Version of Record, such as an additional analysis or context that does not contradict the original findings. The original article remains unchanged.
- **Expression of Concern:** A temporary notice attached to an article to alert readers that serious concerns have been raised about the integrity of the work. This is typically issued while an investigation is ongoing.
- **Retraction:** Permanently marks an article as invalid and removes it from the scientific discourse due to pervasive error, unethical research practices, or fraudulent data. The original article remains available but is watermarked as "retracted," and a detailed retraction notice explaining the reason is published and linked.
- **Article Versioning:** AJHRS generally does not publish new versions of an article. Instead, significant updates are published as new, citable articles (e.g., a follow-up study) that cite the original work. Corrections are handled via the mechanisms above.

5.0 Reader Guidance
Readers are encouraged to always click on the **CrossMark** logo to check for any updates, corrections, or retractions that may affect their use of the content. This ensures they are always accessing the most current and accurate information associated with the publication.

6.0 Journal Commitment
AJHRS commits to:

- Promptly investigating any concerns raised about published content.
- Taking appropriate action in accordance with COPE (Committee on Publication Ethics) guidelines.
- Ensuring all updates are clearly communicated and permanently linked to the original article.
- Maintaining the integrity of the scientific record with transparency and diligence.

This policy, facilitated by the CrossMark service, underscores our pledge to uphold the highest standards of scholarly publishing and to provide a trustworthy and reliable archive of research in health and rehabilitation sciences.

Repository Policy and Self-Archiving Guidelines

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Policy Objective
The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** strongly supports the principles of open science and is committed to

maximizing the dissemination, visibility, and impact of research published in our journal. This policy explicitly encourages and grants automatic permission for authors to self-archive their work in institutional, disciplinary, or other open repositories without any embargo period.

2.0 Permitted Versions for Deposit
Authors may deposit the following versions of their manuscript in any repository immediately upon the occurrence of the specified event:

- **Preprint (Pre-submission Version):**
 - **Definition:** The original version of the manuscript prior to submission for peer review.
 - **Deposit Timing:** May be deposited at any time on preprint servers (e.g., arXiv, SSRN, medRxiv) or institutional repositories.
 - **Requirement:** Upon eventual publication in AJHRS, authors are required to update the preprint metadata to include a citation and a link to the final published article (Version of Record) using its DOI (e.g., "Published in Axis Journal of Health and Rehabilitation Sciences, [DOI Link]").
- **Author's Accepted Manuscript (AAM) / Postprint:**
 - **Definition:** The final version of the manuscript after peer review and incorporation of all reviewer feedback, but before the publisher's copyediting, typesetting, and formatting.
 - **Deposit Timing:** May be deposited immediately upon official acceptance for publication by the Editor-in-Chief.
 - **Recommended Citation:** The deposited AAM should include an acknowledgement of publication and a link to the Version of Record: "This is the author's accepted manuscript. The final Version of Record is published in the Axis Journal of Health and Rehabilitation Sciences and is available at [DOI Link]."
- **Version of Record (VoR):**
 - **Definition:** The final, published version of the article, fully copyedited, typeset, and paginated by AJHRS, complete with the journal's branding.
 - **Deposit Timing:** Authors are expressly encouraged to deposit the final published PDF immediately upon publication.
 - **License:** The VoR is published under a Creative Commons Attribution (CC BY) license, which actively encourages sharing and redistribution.

3.0 Conditions and Requirements

- **Attribution:** For any deposited version, proper attribution must be given to AJHRS as the original source of publication.
- **DOI Link:** All deposited versions must include a link to the final article's DOI on the AJHRS website.
- **No Embargo:** There is no mandatory waiting period (embargo) for depositing any version of the article.

4.0 Benefits of Self-Archiving
This policy is designed to provide authors with the flexibility to:

- **Increase Visibility and Readership:** By placing articles in multiple repositories, research reaches a wider audience beyond the journal's platform.
- **Comply with Funder Mandates:** Meets the immediate open access requirements of major research funders worldwide (e.g., NIH, Wellcome Trust, ERC).
- **Enhance Impact:** Facilitates faster dissemination and can lead to higher citation rates and broader scholarly and public engagement.

5.0

Journal

Commitment

AJHRS is committed to supporting author rights and the open access movement. This repository policy empowers our authors to share their work freely and widely, accelerating the pace of scientific discovery and application in the fields of health and rehabilitation sciences.

For any questions regarding the deposition process, authors are encouraged to contact the editorial office.

Policy on Article Processing Charges and Waivers

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0

Preamble:

Sustainable

Open

Access

The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** is committed to diamond open access, ensuring that all published research is immediately and permanently free for everyone to read, download, and share. To cover the essential costs associated with the rigorous peer-review management, professional copyediting, typesetting, online publication, hosting, and long-term digital preservation, AJHRS levies an Article Processing Charge (APC). This model allows us to maintain high-quality publishing standards without relying on subscription fees, thus removing access barriers for readers globally.

2.0 Article Processing Charges (APCs)

- **Fee Structure:** A predetermined APC is applicable upon acceptance of a manuscript for publication. The current fee schedule is prominently displayed on the journal's website under the "For Authors" section.
- **Cost Coverage:** The APC is a one-time fee that covers the entire publication process, ensuring the article is made freely available under a Creative Commons license (CC BY) and professionally prepared for global dissemination.

3.0

Waiver

Policy:

Equity

and

Inclusion

AJHRS is dedicated to ensuring that the ability to pay does not present a barrier to publication for researchers from under-resourced backgrounds or regions. We therefore offer a transparent and equitable waiver program.

- **Eligibility:** Waivers or discounts are available to corresponding authors who can demonstrate genuine financial need. Priority is given to researchers from low- and lower-middle-income countries (as defined by the World Bank classification) and to early-career researchers or independent scholars without institutional funding support.
- **Basis for Decision:** Waiver decisions are based on a combination of:
 - The author's geographic location and institutional resources.
 - A sincere declaration of lack of funding to cover the APC.
 - The scientific merit of the submitted manuscript (as determined by the peer-review process).
- **Request Process:** Authors can request a waiver or discount during the manuscript submission process by completing a brief form. Requests must be made prior to the acceptance of the manuscript to be considered. All requests are treated confidentially.

4.0 Payment Terms

- **Invoicing:** The APC is invoiced only after the manuscript has been formally accepted for publication. Payment is not required to submit or review a manuscript.
- **Payment Methods:** Details on available payment methods (e.g., credit card, bank transfer) are provided with the invoice.

This policy ensures that AJHRS can operate sustainably and uphold the highest quality standards while remaining committed to its core principles of equity, inclusivity, and barrier-free access to scientific knowledge.

Policy on Data Availability and Research Transparency

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Philosophy and Commitment

The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** is dedicated to upholding the highest standards of research integrity, transparency, and reproducibility. We believe that responsible sharing of data underpinning research findings accelerates scientific discovery, facilitates validation of results, enables meta-analyses, and maximizes the return on research investment. This policy mandates that authors make the data supporting the results in their articles publicly available, with exceptions only for legitimate ethical, legal, or privacy concerns.

2.0 Scope and Applicability

This policy applies to all original research manuscripts submitted to AJHRS that report findings dependent on data. This includes, but is not limited to, quantitative, qualitative, and mixed-methods research. The policy covers both empirical data and associated materials necessary to understand, replicate, or build upon the reported work.

3.0 Data Availability Statement

All manuscripts must include a dedicated **Data Availability Statement** within the main text, preceding the reference list. This statement must clearly describe how and where the supporting data can be accessed, or provide a justified rationale for any restrictions. The statement must specify one of the following conditions with precise details:

- **Publicly Available Data:** "The datasets generated and/or analyzed during the current study are available Journal Database."
- **Available on Request:** "The datasets generated and/or analyzed during the current study are not publicly available due to [REASON(S), e.g., containing information that could compromise research participant privacy] but are available from the corresponding author upon reasonable request."
- **Third-Party Data:** "The data that support the findings of this study were derived from the following resources available in the public domain: [LIST RESOURCES AND PERSISTENT IDENTIFIERS]."
- **Embargoed Data:** "The datasets generated during and/or analyzed during the current study will be available in [NAME OF REPOSITORY] after [EMBARGO DATE] due to [JUSTIFICATION]."
- **Data Not Available:** "The datasets generated and/or analyzed during the current study are not publicly available due to [DETAILED JUSTIFICATION, e.g., restrictions in the informed consent agreement, commercial confidentiality]."

4.0 Data Deposition and Repository Standards

Authors are strongly encouraged to deposit data in recognized, discipline-specific, or general-purpose public repositories that ensure long-term preservation and access.

- **Preferred Repositories:** Repositories should assign a **persistent unique identifier** (e.g., Digital Object Identifier - DOI, accession number) to each dataset, provide clear usage licenses, and offer robust metadata standards. Examples include:
 - **General:** Figshare, Zenodo, Dryad, Harvard Dataverse, Mendeley Data, Open Science Framework (OSF)
 - **Health & Life Sciences:** NCBI Gene Expression Omnibus (GEO), dbGaP, [ClinicalTrials.gov](https://www.clinicaltrials.gov/), ICPSR, NIH Data Archive
- **Metadata and Documentation:** Shared data must be accompanied by sufficient metadata and documentation (e.g., codebooks, readme files, lab protocols) to enable other researchers to understand and reuse the data. Data should be in non-proprietary, machine-readable formats to ensure interoperability.

5.0 Ethical, Legal, and Privacy Considerations

The obligation to protect participant confidentiality and comply with relevant regulations is paramount.

- **Data Anonymization:** Where data involves human participants, authors must ensure that all datasets are fully anonymized to prevent any possibility of re-identification before deposition.

- **Informed Consent:** It is the authors' responsibility to ensure that the original informed consent process from participants explicitly allows for the public sharing of de-identified data. If this is not the case, data sharing is not permitted unless a new ethical approval and consent process is completed.
- **Legal and Commercial Restrictions:** Restrictions on data sharing due to copyright, patent applications, or proprietary agreements must be explicitly stated in the Data Availability Statement at the time of submission.

6.0 Data Citation
To ensure data producers receive appropriate academic credit, all publicly available datasets that were analyzed in the manuscript must be formally cited in the reference list, following journal style, and must include the persistent identifier.

7.0 Compliance and Verification
Adherence to this policy is a mandatory condition for publication. The editorial team will verify the Data Availability Statement during the peer-review process.

- **Non-Compliance:** Failure to comply with this policy, or providing insufficient justification for not sharing data, will result in the manuscript being rejected or, if discovered post-publication, may lead to a correction or retraction.
- **Verification:** AJHRS reserves the right to request the underlying data at any stage of the review or post-publication process to verify the validity of the reported results.

This policy is aligned with the FAIR Guiding Principles for scientific data management and stewardship (Findable, Accessible, Interoperable, and Reusable) and reflects our commitment to advancing transparent and collaborative science in health and rehabilitation.

Accessibility Statement

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Our Commitment to Inclusive Publishing
The Axis Journal of Health and Rehabilitation Sciences (AJHRS) is deeply committed to ensuring digital accessibility for all users, including individuals with visual, auditory, motor, or cognitive disabilities. We believe that removing barriers to access is a core principle of open science and is especially critical in disseminating research related to health and rehabilitation. We strive to conform to the highest standards of web accessibility to provide an equitable and inclusive experience for every reader, author, and reviewer.

2.0 Conformance Target
AJHRS is actively working to conform to the **Web Content Accessibility Guidelines (WCAG) 2.1** at Level AA. These guidelines are a set of internationally recognized standards developed by the World Wide Web Consortium (W3C) to make web content more accessible.

3.0 Ongoing Accessibility Efforts
To fulfill our commitment, we continually implement and improve the following features on our website and within our published content:

- **Perceivable:**
 - **Text Alternatives:** We provide alternative text (alt text) descriptions for all meaningful images, figures, and charts within our articles and on our website to ensure compatibility with screen readers.
 - **Multimedia:** Where multimedia content is published, we require authors to provide accurate captions for videos and transcripts for audio content.
 - **Adaptable Content:** Our content is structured to be presented in different ways (e.g., with a simpler layout) without losing information or structure.
- **Operable:**
 - **Keyboard Navigation:** All website functionality is operable through a keyboard interface, without requiring specific timings for individual keystrokes.

- **Clear Navigation:** We provide clear and consistent navigation mechanisms and meaningful page titles and headings to help users orient themselves and find content easily.
- **Seizure Safety:** We avoid content that is known to cause seizures or physical reactions (e.g., flashing animations).
- **Understandable:**
 - **Readable:** We strive to make text content readable and understandable. While the scientific nature of content dictates technical language, we encourage clear writing.
 - **Predictable:** Our web pages operate in predictable ways, with consistent navigation and labeling across the site.
 - **Input Assistance:** We provide clear instructions and error messages for forms used during submission or registration.
- **Robust:**
 - **Compatible:** We aim to maximize compatibility with current and future user tools, including a wide range of assistive technologies.

4.0 File Format Accessibility

We are committed to ensuring that the Portable Document Format (PDF) files we publish are as accessible as possible. We encourage authors to submit accessible source documents and employ processes to enhance the accessibility of final published PDFs, including:

- Tagging for logical reading order.
- Setting a specified document language.
- Ensuring meaningful hyperlinks and alt text for figures.

5.0 Feedback and Continuous Improvement

We welcome feedback from our users on the accessibility of the AJHRS website and published content. If you encounter any accessibility barriers or have suggestions for improvement, please contact us at Axisjhrs@gmail.com. We will make all reasonable efforts to address your concerns.

6.0 Our Pledge

Accessibility is an ongoing journey. AJHRS pledges to dedicate the necessary resources to continually review, assess, and improve the accessibility of our digital presence. This statement will be updated regularly to reflect our progress and current conformance status.

This commitment to accessibility ensures that the valuable research we publish can reach and benefit the widest possible audience, in alignment with our mission to advance knowledge in health and rehabilitation sciences for all.

Environmental Sustainability Policy

Axis Journal of Health and Rehabilitation Sciences (AJHRS)

1.0 Preamble: Our Environmental Responsibility

The **Axis Journal of Health and Rehabilitation Sciences (AJHRS)** recognizes the profound interconnection between planetary health and human health. As a member of the global scholarly community, we are committed to minimizing our ecological footprint and operating in a socially and environmentally responsible manner. This policy formalizes our dedication to integrating sustainable practices into all aspects of our operations and promoting ecological awareness within our field.

2.0 Digital-First, Low-Impact Operations

Our primary strategy for reducing environmental impact is a commitment to a fully digital workflow.

- **Paperless Publishing:** AJHRS operates exclusively as an online, open-access journal. We have eliminated print production and associated paper use, waste, and transportation emissions.
- **Digital Workflow Management:** All editorial, peer review, and production processes are conducted through our online manuscript system, drastically reducing the need for physical correspondence and paper-based record-keeping.

- **Remote Collaboration:** Our editorial team, reviewers, and authors are globally distributed, collaborating remotely to eliminate unnecessary travel and its associated carbon emissions.

3.0 Sustainable Infrastructure and Vendor Selection

We believe in leveraging our influence to promote sustainability throughout the publishing supply chain.

- **Green Hosting:** Our journal website and associated digital infrastructure are hosted with service providers who demonstrate a commitment to using renewable energy sources for their data centers.
- **Responsible Procurement:** When selecting vendors and service providers (e.g., for technical support, marketing, or design), we prioritize those who uphold strong environmental policies and sustainable business practices.

4.0 Advocacy and Promotion of Environmental Research

As a journal in the health and rehabilitation sciences, we have a unique platform to highlight the critical link between the environment and human well-being.

- **Special Issues and Sections:** We actively encourage and will facilitate the publication of cutting-edge research, reviews, and commentaries on topics such as:
 - The impact of climate change on health and rehabilitation outcomes.
 - Sustainable healthcare practices and green rehabilitation methodologies.
 - The role of natural environments in promoting health and recovery.
- **Educational Content:** We commit to raising awareness by disseminating research that explores sustainable practices within clinical and community rehabilitation settings.

5.0 Continuous Improvement and Accountability

We view environmental stewardship as an ongoing commitment that requires regular evaluation and action.

- **Policy Review:** This policy will be reviewed annually to identify new opportunities for reducing our environmental impact and to align with evolving best practices in sustainable publishing.
- **Carbon Literacy:** We encourage our editorial team and board members to engage with resources on carbon literacy and sustainable scholarly communication.
- **Transparency:** We will report on our environmental initiatives and progress through our website and annual reports to maintain accountability to our community.

By implementing this policy, AJHRS aims not only to reduce its own environmental impact but also to inspire and empower our community of researchers, clinicians, and readers to consider and adopt more sustainable practices in their own work, contributing to a healthier planet and population.